

## Family and Couples Training Program Academic Calendar 2023 – 2024

**1st year** • Didactic Modules **Thursdays 11:00am - 12:45pm** with Marty Babits

Weeks 1-2: <b>Attachment</b>	9/14, 9/21
Weeks 3-4: <b>Genograms/Family Life Cycle</b>	9/28, 10/5
Week 5: <b>Systems Theory</b>	10/12
Weeks 6-7: <b>Levels of Intervention/Assigning Tasks</b>	10/19, 10/26
Week 8: <b>Bowenian Theory: Individuation and Triangles</b>	11/2
Week 9: <b>Generational Transmission</b>	11/9
Week 10: <b>A Systemic Look at Substance Misuse</b>	11/16
<b>No Classes: Thanksgiving Break</b>	11/23
Weeks 11-12: <b>Communication: Building Emotional Safety</b>	11/30, 12/7
Weeks 13-14: <b>Communication: Emotional Nutrition</b>	12/14, 12/21
<b>No Classes: Holiday Season</b>	12/28
Weeks 15-16: <b>Neuroscience for Clinicians</b>	1/4, 1/11
Weeks 17-18: <b>EFT - Part 1</b>	1/18, 1/25
Weeks 19: <b>Trauma and Empathic Listening</b>	2/1
Week 20-21: <b>Gender</b>	2/8, 2/15
<b>No Classes: NY Public School Winter Break</b>	2/22
Weeks 22-23: <b>Intro to Working with Transgender Clients</b>	2/29, 3/7
Week 24: <b>The Intersection of Personal/Social Location and Identity</b>	3/14
Week 25: <b>Cultural Humility</b>	3/21
Week 26: <b>Working with Lesbian, Gay, Bisexual Couples</b>	3/28
Weeks 27-28: <b>Psychopharmacology for Therapists (w/ 2nd Year)</b>	4/4, 4/11
Week 29: <b>Psychedelic Therapy with Couples</b>	4/18
Week 30: <b>Object Relations</b>	5/2
<b>No Classes: NY Public School Spring Break</b>	4/25
Weeks 31-32: <b>Internal Family Systems- Part 1</b>	5/9
Week 33: <b>Countertransference</b>	5/16, 5/23
Week 34: <b>Sexual Issues- Part 1</b>	5/30
<b>No Classes: NY Public School Spring Break</b>	6/6
Week 35: <b>Sexual Issues- Part 1</b>	6/13

## Family and Couples Training Program Academic Calendar 2023 – 2024

**2nd year** • Group Supervision **Thursdays 9:00am - 10:45am** with Alison Kalfus  
Didactic Modules **Thursdays 11:00am - 12:45am**

Weeks 1-2: <b>Motivational Interviewing and Harm Reduction Techniques in Substance Abuse Tx.</b>	9/14, 9/21
Week 3: <b>Self Psychology</b>	9/28
Weeks 4-5: <b>The Frame</b>	10/5, 10/12
Weeks 6-7: <b>Somatic Approaches to Increase Self-Regulation</b>	10/19, 10/26
Weeks 8-9: <b>Narrative Therapy</b>	11/2, 11/9
Week 10: <b>Infidelity</b>	11/16
<b>No Classes: Thanksgiving Break</b>	11/23
Week 11: <b>Infidelity</b>	11/30
Weeks 12-13: <b>Sexual Issues – Part 2</b>	12/7, 12/14
Week 14: <b>Parenting Issues</b>	12/21
<b>No Classes: Holiday Season</b>	12/28
Weeks 15-16: <b>Divorce, Loss, and Trauma</b>	1/4, 1/11
Weeks 17-18: <b>EFT - Part 2</b>	1/18, 1/25
Week 19: <b>Non-Monogamy</b>	2/1
Weeks 20-21: <b>Parenting Issues</b>	2/8, 2/15
<b>No Classes: NY Public School Winter Break</b>	2/22
Weeks 22-23: <b>An Integrative Approach to Eating Disorders</b>	2/29, 3/7
Week 24: <b>Working with Chronic Illness</b>	3/14
Weeks 25-26: <b>Mindfulness in Family and Couples Work</b>	3/21, 3/28
Weeks 27-28: <b>Psychopharmacology for Therapists (w/ 1st Year)</b>	4/4, 4/11
Week 29: <b>Working with Sexual Trauma</b>	4/18
<b>No Classes: NY Public School Spring Break</b>	4/25
Week 30: <b>Working with Sexual Trauma</b>	5/2
Weeks 31-32: <b>Three Dimensional Communication</b>	5/9, 5/16
Weeks 33-34: <b>Internal Family Systems- Part 2</b>	5/23, 5/30